

CONVENT OF JESUS & MARY

Affiliated to CBSE

# ViBeS SCRIBES



# **INSIDE THIS ISSUE**

- Investiture Ceremony
- **Bagless Days**
- **Labour Day Assembly**
- **Self Defense Classes**
- **Special Assemblies**
- Yoga Day
- **Blessed Dina's Feast Day**
- **Independence Day**
- **Prize Day**
- **SEWA/ Clubs**
- **Fun Games**
- Book Reviews an much more

#### **CJM UNBOUND**

CJM strongly believes that education is about nurturing intellectual curiosity and beginning a life long journey of exploration, learning, making important choices and experiencing life. Over the years, CJM has celebrated numerous achievements, all attributed to the unwavering commitment of our dedicated teachers and diligent

CJM students excel not only in academics but also in an array of cocurricular activities, including sports, dance, drama, elocution, arts and music. The consistent success of our students in various activities and competitions is a testament to their intellectual and







MESSAGE FROM THE EDITORIAL BOARD

'Vibes From Scribes' is an initiative of the Journalism Club celebrating the limitless creativity and ideas flourishing within the young minds. Our aim is to provide you with an enthralling and enriching experience with each edition. Through these pages, we aim to go beyond mere information, seeking to inspire and cultivate a spirit of curiosity and wonder. Join us in exploring the vibrant world of our students' imagination, where every edition promises to be a journey filled with discovery and excitement!

### **PINNACLE OF EUPHORIA**

# INSPIRING TOMORROW:







'Leadership is about making others better as a result of your presence and making sure that impact lasts in your absence.' Sheryl Sanberg

Investiture Ceremony for the Student Council for the academic year 2023-2024 was held in the Claudine Hall on 27th April, 2023 to entrust responsibilities to the deserving young prodigies to lead the students with their allegiance, commitment, and proficiency.

The event began with the auspicious lighting of the lamp ceremony. The newly elected leaders took a solemn oath, demonstrating their determination to take this institution to greater heights. Our Principal, Sr Gracy Paul and the Chief Guest for the event, Mr. Satvinder Singh, SHO, Mandir Marg, pinned the badges and presented the sashes to the captains and the assistant captains. Following this, a vote of thanks was extended and the ceremony concluded with a rendition of the School Song.

The Investiture Ceremony served as a momentous occasion paving the way for the new Student Council to walk with their fellow students and lead them by example.

# EMPOWERING GIRLS SELF DEFENCE CAMP



In a collaborative effort, CJM Delhi and Delhi Police conducted a Self-Defence Workshop for Middle and Senior School students. The workshop, spanning five days, aimed to empower students with the skills to safeguard themselves outside their school or home.

During the workshop, students were equipped with a diverse range of self-defence techniques and strategies. These included practical methods to protect themselves in various situations, enhancing their confidence and awareness. One notable aspect of the workshop was the guidance provided on utilising the 'Himmat Plus' app, a significant tool designed to assist individuals in challenging circumstances.

The initiative proved to be a valuable learning experience, making the students self-reliant and confident to navigate the world securely.

#### CELEBRATING ACHIEVEMENT: PRIZE DAY

Convent of Jesus and Mary, New Delhi held its Annual Prize Day on 25th July, 2023 to felicitate the meritorious students of the Middle and Senior School. The Chief Guest for the occasion was Ms Shireen Prakash, Assistant Commissioner of Income Tax, who is also an alumna of our school. The event commenced with a prayer dance which was followed by the Middle School Prize Distribution Ceremony. Trophies, medals and certificates were presented to the students for their exemplary achievements. The Prize Day concluded with a medley of songs and a motivational address by the Chief Guest and the Principal.













### **EVENT HIGHLIGHTS**

#### YOGA DAY CONFLUENCE: WEAVING WELLNESS TOGETHER



Yoga has been an integral part of CJM curriculum. The students get to practice this spiritual discipline that is based on the art and science of healthy living, and focuses on bringing harmony between mind and body.

International Yoga Day was celebrated in CJM on 25th May, 2023, wherein the Middle School students energetically demonstrated various yoga asanas, including Padmasana, Vajarasna, Gomukhasna, Bhujangasna, Dhanurasana and Chakrasana. It was truly an inspiring event displaying the profound essence of Yoga and its remarkable significance and myriad benefits.





# JOURNEY THROUGH TIME: PURANA QUILA EXPEDITION

On 27th April 2023, a group of seven students had the opportunity to visit the excavation site at Purana Qila. The course of their journey began with a visit to the Archaeological Site Museum located inside the fort, which houses a collection of historical artifacts. With a lot more awaiting to be explored for these CJMites, the archaeologist at the excavation site elucidated the details of the recent excavations and the remarkable discoveries unearthed. These excavations, initiated by the Archaeological Survey of India in 1955 and continued in various phases spanning 1969 to 1993, 2014, and 2017-18, have unveiled evidences of an ancient settlement that dates back to 1000 BC.

The students had the privilege to witness live excavations and acquire knowledge about both horizontal and vertical excavation techniques. They also visited the 'Sher Mandal,' which served as the library where Humayun had tragically met his end. In addition, they unearthed an intriguing four-bedroom Mauryan House Complex located within a deep trench.



# LABOUR DAY ASSEMBLY: SALUTING THE WORK FORCE

International Labour Day was celebrated on 2nd May 2023 by organizing a special assembly to express our gratitude to the school helpers and security staff, who quietly go about performing their duties to keep the school clean and secure, as well as facilitate a congenial environment for students, teachers and administrators. The students of classes VIII-B and VIII-C presented the assembly on this day, emphasizing the importance of these unsung heroes of the supporting staff.





# BITS & BYTES









#### LITERARY DELIGHT AND GOURMET JUNCTION

"A book is a dream that you hold in your hands." - Neil Gaiman

This profound quote encapsulated the essence of CJM's vibrant book fair, a delightful event organised for students on 13th May, 2023, the first Open Day of the academic year 2023-24. The campus came alive with the spirit of literary exploration as students from various grades eagerly browsed through the carefully curated collection of books.

The fair was meticulously organised, with book stalls arranged according to different genres, making it effortless for the readers of all ages to find their preferred reads. From timeless classics to contemporary bestsellers, the fair catered to a wide spectrum of literary preferences. The enthusiastic chatter of students discussing plotlines and sharing reading recommendations filled the air, creating an ambiance of intellectual curiosity.

The Book Fair was not merely a display, it was a celebration of the boundless possibilities that books offer, reminding everyone that within the pages of a book, a world of infinite adventures and discoveries awaits.

The event also featured a thoughtfully curated Special Canteen, overflowing with tempting treats and scrumptious delicacies.

The delectable spread garnered immense popularity, imparting a flavourful touch to an already enriching day of literary exploration.

# BLESSED DINA'S FEAST DAY

On the auspicious occasion of Blessed Dina Belanger's Feast Day, our school commemorated her legacy with reverence and enthusiasm on September 04, 2023.

The day commenced with a Mass, uniting the school community in a prayerful homage to Blessed Dina. This was followed by an engaging special assembly by the students of Class II. Through a series of graceful dances and enactments, the students vividly portrayed the timeless values embodied by Blessed Dina, that truly inspired everyone in the audience.

Various activities were conducted in all the classes paying tribute to Blessed Dina, fostering a sense of spirituality by connecting the students to her teachings and the values she exemplified.







#### DINOSAUR DISCOVERIES: A FASCINATING EXPEDITION INTO EARTH'S ANCIENT PAST

On 24th August, 10 German students from CJM were given the opportunity to attend a workshop at Goethe Institute, the German Institute of Delhi. The workshop was based on Science. The spotlight was on dinosaurs. The students had an enriching experience, gaining new and captivating insights into dinosaurs through interactive videos and engaging activities.

#### HEALTH AND WELL BEING CAMP

CJM Delhi, in association with Rotary Club, Gurgaon conducted a three-day comprehensive Health Camp from August 16 to August 18, 2023. This initiative, that was managed by CJM PTA (Parent Teacher Association), was dedicated to the well-being and welfare of the students, encompassing a range of health related check-ups and underscoring CJM's commitment to a holistic approach to its students' health.







# BAGLESS DAY 1

# GUARDIANS OF THE BLUE PLANET: UNITING FOR EARTH'S PRESERVATION

In a significant stride towards holistic education, the New Education Policy (NEP) introduced the concept of Bagless Days, aiming to alleviate the academic pressure on students and infuse learning with creativity.

The first Bagless Day on April 21, 2023, aligning with Earth Day, symbolised our commitment to our home, our mother, our planet. This day served as more than just a commemoration of Earth and its bounties; it stood as a call to action, inspiring students to appreciate our exquisite planet and creating awareness about their pivotal role in protecting Earth from environmental threats, such as pollution and global warming.

During this special occasion, students participated in a diverse spectrum of activities, such as exploring nature through walks, planting saplings, immersing themselves in the creative art of soap making, mastering intricate origami and painting techniques, crafting nests, designing posters and showcasing their talents through the imaginative transformation of waste into valuable treasures and creating lively clown mobiles. Students also demonstrated their skills in creating models of National Parks and performing enlivening Nukkad Natak, adding to the joy of going bagless to school.











To highlight the degradation of due incessant nature to exploitation by human beings, each section of class IX presented a topical and riveting 'Nukkad highlighting different Natak' themes like destruction of the environment, ill-effects of global warming, the need to save the natural resources and to keep the Earth pollution-free and clean.







In a Nest Making Workshop organised by the school, Mr. Rakesh Khatri and his team displayed exceptional expertise as they guided the enthusiastic students of classes VI and VII on the intricate art of nest creation. Utilising natural materials, the students wholeheartedly devoted themselves to a purposeful initiative, crafting homes for the diminishing sparrow population in Delhi.



### CREATING SOAP USING NATURAL INGREDIENTS

In order to make significant contributions to Mother Earth, a hands-on soap-making activity using organic materials was organised for the students of Class IX. This initiative promoted eco-friendly methods of creating organic soaps against the use of synthetic soaps, and highlighted the value of sustainable choices in daily life.



# BAGLESS DAY 2

#### MELANGE OF ASSORTED SPLENDORS

'In the mosaic of education, each moment holds a unique hue.'

Bagless Day 2, held on May 6,2023 was a vibrant canvas painted by the students of CJM Middle School with their creativity and talent.

#### **EXPRESS YOURSELF:**

#### INTRA CLASS JUST A MINUTE COMPETETION

Fueled by the spirit of exploration and expression, the day commenced with the Class VI Intra-Class Just a Minute Competition, encouraging students to display their skills and spontaneity.

The event was adjudged by Mrs Cecilia Phillips and Mrs Anjali Ahlawat. The students from all sections of Class VI showcased exemplary performances. Eva Sethi Davies, Mishika Arora and Kiaraa Nagpal emerged as the winners.





#### HERITAGE EXPLORATION

The students of Class IX explored the rich cultural and spiritual legacy of Bangla Sahib Gurudwara and Sacred Heart Cathedral through a Heritage Walk. This educational experience deepened their understanding of the architectural and historical significance, encouraging an appreciation for India's diverse religious panorama.













#### GLOBAL MART SHOWCASE

In a fascinating display of cultural diversity and entrepreneurial spirit, Class VII students curated a novel experience for everyone with their Global Mart Activity.

The bustling stalls, representing foreign markets of various countries across the globe, offered a diverse range of products for sale that enticed the student-visitors, who had to buy them by converting their money into simulated foreign currency.

Besides promoting cultural exchange, this initiative provided students with invaluable insights into business awareness and hands-on experience in the realms of global economics.

# STUDENT DEMOCRACY IN ACTION: ELECTION CAMPAIGN EXPERIENCE



A dynamic Election Campaign Activity was organised for Class VIII, where students assumed the roles of politicians. They campaigned with their unique manifestos and actively participated in a staged electoral process that featured mock polling booths. The activity included enthusiastic participation from each student and enhanced their understanding of democracy and governance.

# BAGLESS DAY 3



CJM resonated with the patriotic fervor and national pride, as the students celebrated Independence Day on August 14, 2023, with great zeal on Bagless Day 3.

#### MARCH PAST

The day started with the unfurling of the Indian flag and an invigorating march-past led by Class IX students, symbolizing unity and paying tribute to our nation's journey to freedom as well as setting the tone for a day of reflection and celebration.

#### CULTURAL EXTRAVAGANZA

Classes VII C and VII D hosted a remarkable assembly embracing the theme, 'Nation First, Always First', celebrating our India's vibrant tapestry of unity, heritage and freedom. The event included melodious songs sung by the choir that captivated the audience, while the dancers ignited the stage with their daring stunts and vigorous moves. The articulate narrators wove tales of forgotten freedom fighters, holding the crowd spellbound.

The Chief Guest for the event, Fr. Gladius Massey appreciated the students and gave an inspiring message, leaving a lasting impression on everyone's









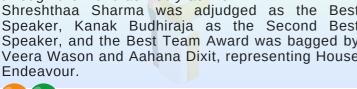
INDEPENDENCE DAY

The students of Class VIII gave an insightful talk with an informative presentation, showcasing the contribution of India in the field of Mathematics, including the exceptional achievements of many renowned mathematicians such as Aryabhatta and Ramanujan, and emphasising significance of Mathematics as a subject.

#### DEBATE- CROSS CURRENTS (2023)

The students of Class IX participated in a thoughtprovoking inter-house debate, exploring the motion, Women in independent India can make their way through the world as freely as men.'

Shreshthaa Sharma was adjudged as the Best Speaker, Kanak Budhiraja as the Second Best Speaker, and the Best Team Award was bagged by Veera Wason and Aahana Dixit, representing House











#### AND SINGING COMPETITION





An Intra-Class Hindi Poetry Competition for Class VI and a patriotic-themed Singing Competition for Class VII were organised. The participants exhibited exceptional poetic and melodic talents. Class VI D clinched the first position in the poetry competition, while Class VII A emerged as the winner, with Class VII C securing the second position in the singing competition.











**CLUBS AT A GLANCE** 

Glass VI- VIII

#### TEAM WORK MAKES DREAMS WORK

CJM acknowledges the vital role of co-curricular activities in nurturing the well rounded development of its students. These activities provide a plethora of choices for students to explore their interests and strengths. Students can opt to join various clubs, including Eco and Disaster Management, Housekeeping and Food Production Club, Community Service, Journalism, Sci n Club, Theatre and Drama and Eco, Heritage and Tourism Club. These empower the students to pursue their passions, enjoy their learning experiences and effectively develop their skills.









# THEATRE AND DRAMA CLUB

The Theatre and Drama Club adopts a unique technique to enhance the children's innate skills for acting or drama. Through solo and group participation, the club bolsters students' confidence in presenting themselves eloquently.

This approach hones their acting abilities as well as teamwork and collaboration, as they work together on group performances. These integrated skills can have a lasting impact on their personality and communication skills both on and off the stage.





#### **ECO. HERITAGE AND TOURISM CLUB**

The Eco, Heritage and Tourism Club is an initiative that aims to educate students about the importance of preserving our planet and its resources. The club emphasises the need to utilise these resources judiciously and leave behind a clean footprint. In addition to this, the club also promotes awareness about our rich cultural environment through various activities such as nature walks, heritage visits, presentations, enactments, debates and group discussions. The students also explore tourism as an industry and learn how to be responsible tourists and host tourism.









# CLUBS AT A GLANCE

**CLUBS** 

Glass VI- VIII

#### **FUELING INNOVATION AND INSPIRING EXCELLENCE**

'SCI - TI CLUB': WHERE CURIOSITY LEADS TO DISCOVERY!



The SciPi Club is a hub for students enthusiastic about Science and Maths. Activities include interactive workshops, making of Maths Games and Scientific Toys and various other stimulating projects. This enhances academic excellence through experiential learning, and encourages STEM career paths, inspiring the next generation of budding scientists and mathematicians.











#### HOUSEKEEPING CLUB

The Housekeeping Club is an excellent initiative that seeks to promote nutrition education among children while enhancing their healthy eating habits. The club provides a platform for children to explore various ingredients and recipes. Moreover, the club encourages children to embrace cooking and learn about different cultures. The club also provides tips on food preservation, menu planning and budgeting, which can help children develop essential life skills.







# CLUBS

### **CLUBS AT A GLANCE**

# Glass IX SEMA



**OUR CLUBS ARE THE HEARTBEAT OF OUR IMAGINATIVE PURSUITS** 









# ECO AND DISASTER MANAGEMENT CLUB

The Eco and Disaster Management Club is a student-led initiative, dedicated to promoting environmental awareness, sustainability and disaster preparedness. The club actively participates in tree planting drives, nurturing saplings within the school premises contributing to a greener campus. The club also engages in the Milk Bag Collection Project, collecting used milk bags from students for recycling at the Sarfdarjung Milk Bag Collection Center in Delhi. This initiative reduces plastic waste and promotes recycling, thereby paving the way for a more sustainable environment. The club also conducts awareness workshops on various natural and man-made disasters. They organise regular mock drills to prepare students for emergency situations. These drills help the participants practice evacuation procedures, first-aid techniques and other essential skills.









# EMPOWERING UNDERPRIVILEGED STUDENTS: THE POWER OF COMMUNITY SERVICE

At CJM, the Community Service Club is an integral component of the curriculum that supports economically disadvantaged students through crafting and selling handmade goods, including paper-bag production. In addition to providing financial aid, the club collaborates with the community and blind schools to create Braille materials such as flashcards and signage. This collaboration contributes significantly to the multifaceted skill development of these individuals while helping the community around them.



#### HOUSEKEEPING AND **FOOD PRODUCTION CLUB**

At the heart of the bustling Housekeeping and Food Production Club, the students transform their kitchens and crafting spaces into laboratories of palatable discoveries and needlework masterpieces.

Recognizing the realities of busy student schedules and limited access to kitchens, the club curates a collection of simple and nutritious recipes that require minimal ingredients and can be prepared without the use of a stovetop. These recipes serve as lifesavers for students on the go, ensuring that they have access to wholesome and delicious meals even amidst their hectic schedules. To further enhance the learning experience, the club also prepares nutritional value charts for each recipe, providing students with an indepth understanding of the nutrient composition of their culinary creations.

With love for thread and dedication to detail, the club creates exquisite needlework including knitting and crocheting with their refined skills and boundless creativity.





#### NURTURING CREATIVITY AND INGENUINTY







#### **JOURNALISM CLUB:** THE PRESS PIONEERS

At Journalism Club, the literary enthusiasts team up to engage collaboratively, writing and documenting all the interesting events taking place in the school. The club includes a wide spectrum of discussions and fresh bursts of ideas before morphing them through the power of words into captivating write-ups. The club is categorised into departments as per the skills and interests of the students. These include the Editorial Team, the Tech Team, the Class Coordinators and vastly the Newsletter Team.

In addition to their own write ups, the club members are also responsible for generating creative topics for articles to be written by students from different classes and afterwards, proof-reading their creative expression for the school magazine.



### FROM LESSONS TO LEGACIES: TEACHERS' DAY INSIGHTS



# TEACHING IS A WORK OF HEART



### TO TEACHERS WITH LOVE

Teachers, the unwavering support pillars of every child's growth, play a pivotal role in nurturing their potential and guiding them towards success. To appreciate their efforts and dedication, Teachers' Day was celebrated on August 5, 2023 in the Claudine Hall.

The Senior School, Middle School and Junior School presented an entertaining show with music and dance. As the teachers reveled in the performances, some students secretly decorated the staff room for a special surprise. Organising the 'Teachers' Day' celebration was a heartfelt tribute to show our gratitude and regards for our dear teachers who have inspired hope, ignited imagination and instilled the love of learning among all students.











# FUN ACTIVITIES



# What is it?

The following are zoomed in pictures of things which you might use in daily life. Can you guess them?





Hint: It is something you can play



Hint: You can pass it through a hoop



Hint: You use this outside and it helps you keep fit

#### **BOOK REVIEW**



The Murder on the Orient is a classic Express Hercule Poirot mystery which takes place on a train. The story is told from the perspective of H. Poirot, the detective. Unexpectedly, there is a snowdrift and the train has to stop. The next morning a man named Ratchett is found dead in his compartment. There are conveniently many clues in the room of the dead man. The book has a plot which most readers do not expect. It is quite an intriguing story which is full of mystery, and thrill and should be on everyone's reading list.

# Do you prefer...

PHOTOS OR VIDEOS?
SWEET OR SPICY?
TEXT OR CALL?
MOVIES OR SERIES?



In making a word, a letter can be used as many times as it appears in the puzzle. Each word must contain the central letter. There should be at least one seven letter word. Plurals, foreign words and proper names are not allowed. (British English Dictionary to be used as reference.)

Spellathon

# Did you know?

- The circulatory system is more than 60,000 miles long
- An ostrich's eye is bigger than its brain.
  - "Stewardesses" is the longest word that is typed with only the left hand.

There are parts of Africa in all four hemispheres

# MEMES CORNER

Trying to figure out which cup is less full to give to your sibling



When you're cleaning your room and you get distracted by stuff you found





That moment when you find an easy question in the exam



#### Solutions

#### What is it?

Guitar, Basketball, Bicycle

#### Spellathon

again, against, gain, gait, giant, gist, saint, sating, sign, sing, stain, sting

# EUN-TIME





Enola

"Enola Holmes" is a brilliant work from Millie Bobby Brown, offering a splendid mix of adventure, mystery, and female empowerment. Directed by Harry Bradbeer, it is set in Victorian England and follows the resourceful Enola Holmes, the younger sister of the renowned detective, Sherlock Holmes. When Enola's mother disappears on her 16th birthday and leaves behind cryptic clues, Enola sets on a journey to find her, all the while shattering societal norms and solving mysteries along the way.

Through the course of the story, Enola's character shines with maturity, charm, and wit. Henry Cavill's portrayal of Sherlock Holmes and Louis Partridge's endearing Viscount Lord Tewksbury add depth to the narrative, making it an engaging family-friendly experience. The film intertwines Enola's quest with elements of Victorian-era intrigue, secret codes, and hidden treehouses, that leave viewers excited for more adventures in this potential franchise. "Enola Holmes" is an enthralling cinematic journey that appeals to audiences of all ages.

#### **SPOT 3 DIFFERENCES**







# QUIT ONE



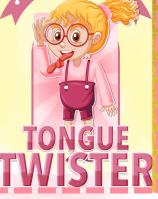




- **1. I** shave everyday, but my beard stays the same. Who am I ?
- 2. What two words, added together, contain the most letters?
- 3. What goes up and down but doesn't move?

### DOES YOUR TONGUE

- 1. Top chopstick shops stock top chopsticks.
- 2. The great Greek grape growers grow great greek grapes.



### Schrieps

Spot the difference



#### **Riddle Time**

- 1. A Barber
- 2. Post Office
- 3. Stairs













